

Attention First

Facilitator Moves

PROCESS

- With a credible voice, call for attention. Example: “Look in this direction, please.”
- Maintain a frozen body and frozen gesture (described below).
- When the group is attentive and still, breaks eye contact, breathe, and step into another space (Break and Breathe, described below).
- With an approachable voice, give the next direction.

ALTERNATIVES

- With a credible voice, say “Thank you” when the majority of the group is attentive.

TIPS

- As groups tire, they become less responsive to verbal directions. The visual nature of this strategy gets attention from visual processing people, whose silence alerts auditory process to attend.

